

SOME REMINDERS ON CHURCH ETIQUETTE

“Be silent, all flesh, before the Lord; for he has roused Himself from His Holy dwelling” (Zach. 2:13)

From time to time it is necessary to remind ourselves of the practices and traditions of our Orthodox Church so please remember to:

- 1. SWITCH OFF mobile phones and electronic devices before entering the church.**
- 2. REMOVE SHOES and make the sign of the cross three times over yourself on entering the church. (Ex. 3:5-6)**
- 3. DRESS APPROPRIATELY by covering yourself with a netala or gabbi and avoid wearing tight fitting or revealing clothing.**
- 4. STAND UP and remain still/silent (a) when the priest chants “Ahadu” (b) when the Holy Gospel is being read and (c) when the Holy Communion is being received. (Ps. 46:10)**
- 5. SUPERVISE YOUNG CHILDREN who should remain with their parents and refrain from running around/playing in church during the liturgy.**
- 6. DISCRETELY break the fast with a handful of raisins after the final dismissal prayer by the clergy, if you have received Holy Communion.**
- 7. WAIT until food is blessed by a priest before eating.
At no time should food be eaten in front of the altar.**

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